



Gaelic in the Landscape

Saturday 14 May, 10am – 4pm

This area's Gaelic is its most hidden treasure. With a local enthusiast, this walk will be conducted in English but will be an eye-opener for anyone interested in the natural heritage and place-names of Glenmore. This will be an all-day hill walk with some uphill climbing.

Location: Glenmore Booking essential (10 spaces)

Contact: info@cairngormmountain.org

A Digital Treasure Hunt

Saturday 14 May, 10am – 1pm,

Register between 10 & 12.30

Arrive by steam train and search for nature's hidden treasures in the woods around Boat of Garten with a family challenge to find and photograph trees, insects, flowers and much more. Simply pick up your map and list of things to find and off you go! This is not a race and not a photography competition, it's just a fun way to explore the woods. Goodie bags and prizes for completed forms back by 12:30. Ideal for all the family.

Location: Boat of Garten Community Hall

Contact: heatherbantick@yahoo.co.uk or 01479 831 768

The Wild Side of Insh Marshes

Saturday 14 May, 10am

A 6 hour moderate walk across the dramatic landscape of Insh Marshes. A unique opportunity to reach secluded areas of the marsh, discover its rare wildlife and breathtaking views. With over a decade of habitat and wildlife management at RSPB Insh Marshes, Pete Moore is an experienced and knowledgeable guide, able to show you behind the scenes of this unique place.

Location: RSPB Insh Marshes, Ivy Cottage

Booking essential (20 spaces)

Requirements: Sturdy footwear, wether appropriate clothing, waterproofs, binoculars, packed lunch.

Contact: pete.moore@rspb.org.uk



Walkfest

Saturday 14 May, 10am

Walk around Gynack followed by a Members Hydro open day.

Location: Kingussie Booking essential

Contact: ianwmoffett@hotmail.com

or 01540 661 414

Green Woodworking Demos

Saturday 14 May, 10am – 4pm (drop in anytime)

Come along and enjoy some green woodworking demonstrations held by local sculptor Tom Banks & why not have a go!

Location: Feshiebridge Sculpture Trail

Contact: lucy.ford@forestry.gsi.gov.uk

or 01479 861 220

Safari on Foot – Fabulous Farming

Saturday 14 May, 2pm

Guided by an entertaining and knowledgeable Ranger, walk down to the farm and meet the beautiful Highland Cattle and our farmed red deer. Learn about farming in the Highlands and also the array of wildlife that live alongside our hairy friends.

Location: Rothiemurchus Visitor Centre

Booking essential (4–10 spaces)

Requirements: Weather appropriate outdoor clothing. Underfoot can be muddy so boots or stout shoes are recommended. Sorry no dogs.

Contact: info@rothie.net or 01479 812 345

Reduced CNF rate adult £10, child £5.

Min age 8, U-16 to be accompanied.

Evening Mammal Watching Hide

Saturday 14 May, 8.30pm

Join our wildlife guide on one of our dusk watches for close up sighting of the mammals that visit our warm and comfortable hide on the Rothiemurchus Estate in the heart of the Cairngorms National Park. Whilst the animals are free and untamed and appear when they wish, years of understanding their habits has ensured incredibly reliable sightings of pine marten, red and roe deer and other nocturnal creatures.

Location: Confirmed on booking

Booking essential (12 spaces)

Requirements: Suitable for wheelchairs - car access can be arranged in advance. Warm, non-rustling, subdued outdoor clothing and walking boots or shoes are preferable. Advice on "how to watch wildlife" of wildlife watching is provided on confirmation of booking.

Contact: 01479 812 498 / 01479 812 345

or enquiries@speysidewildlife.co.uk

£20 per adult, £10 per child when booked

online at www.speysidewildlife.scot

Night Time on Nethy

Saturday 14 May, 9pm

Spend a night with the Ranger on the banks of the rumbling river Nethy. Heighten your senses to the mystery and magic of nature at night time. Sleeping is optional! Breakfast for the hardy back at the Visitor Centre. Suitable for children 10+.

Location: Confirmed on booking

Booking essential (15 spaces)

Requirements: Sleeping bag, ground mat, towel, warm waterproof clothing, a bivvy bag if you have one.

Contact: alison.greggans@rspb.org.uk

or 07710 387 510






Forest Elves and Fairies

Saturday 14 May, 10:30am – 3:30pm (drop in anytime)
The Loch Garten forest elves and fairies need your help! Lend a hand by helping to create a beautiful garden for their Enchanted Tree and then make little forest-folk to take home. The Enchanted Tree is on the Big Pines trail. Location: Just 5 minutes walk (for little legs) from the Osprey Centre car park, ask at the kiosk for directions

Osprey Watch

Sunday 15 May, 5pm – 7pm
Come and join our fully guided evening Osprey Watching trip to our loch side hides within the Fishery. While you wait in anticipation our wildlife guide will be in radio contact with you to help spot any ospreys that may visit the osprey pond to hunt for fish. This is a fantastic opportunity to have the chance to watch Ospreys at such close quarters.
Booking essential (4 – 10 spaces)
Requirements: Warm weather appropriate clothing. Sitting is required for the duration in an open fronted wildlife hide.
Contact: info@rothie.net or 01479 812 345
Reduced CNF rate adult £15, child £10.
Min age 8, U-16 to be accompanied 

High Living in the Cairngorms

Sunday 15 May, 10am – 4pm
There are not many creatures that can make a living in this inhospitable landscape, and they are well hidden. We will look at how they keep out of sights and see if we can find them. An all-day walk with some uphill climbing.
Location: Glenmore Visitor Centre
Booking advisable
Requirements: outdoor clothing suitable for weather and stout footwear. Bring a packed lunch and warm drink
Contact: n.bullivant@naturalretreats.com
or 01479 861327

Highlands - Scotlands Wild Heart

Sunday 15 May, 6.30pm – 8.30pm
Join broadcaster Pennie Latin in conversation with award-winning filmmaker Nigel Pope and discover the stories behind the stunning scenes captured for BBC Scotland's new natural history television series 'Highlands - Scotlands Wild Heart'. From the team behind the acclaimed 'Hebrides - Islands on the Edge', this new series, narrated by Ewan McGregor, used the state of the art techniques and was filmed over the course of 300 days.
Facing the full gamut of Scottish weather, the team took on many challenges to produce a beautiful portrait of life in the Highlands for the animals and people who live here. Come along and find out how they did it.
This event is hosted by BBC Scotland as part of the CNF programme.
Location: Boat of Garten Community Hall
[Booking essential at www.cairngorms.co.uk](http://www.cairngorms.co.uk)

Nest Quest – Woodland Wander for Wood Ants

Sunday 15 May, Carr Plantation 10am – 12pm
& Deshar Woods 2pm – 4pm
Join Buglife and the CNPA's Ecologist Hayley Wiswell on a hunt to find some of Scotland's most fascinating creatures – wood ants. We will explore two woodlands in Strathspey and show you how to track down these incredible insects. You will have the chance to hear about the ecological marvel of wood ants, their architectural and agricultural talents and why they are so important for our woodland ecosystem.
Location: Carr Plantation – meet at Boys Brigade parking area off Carr Road. Deshar Woods – meet at Deshar Woods car park at the end of Kinchurdy Road
[Booking essential \(10 spaces per session\)](http://www.cairngorms.co.uk)
Requirements: Sturdy boots and waterproofs. Please bring a magnifying glass if you have one.
Contact: hayleywiswell@cairngorms.co.uk
or 01479 870 510

Wildlife Guiding

Saturday 14 & Sunday 15 May, 9am – 5pm
Our expert guides can take you to the best locations for catching up with capercaillie, ptarmigan, Scottish crossbill, golden eagle, red squirrel, pine marten, black grouse and much more. Days can be tailored to your own requirements and itineraries to choose from are Caledonian Pine Forest, Highland Glen, Heather Moorland & Coast and Cairngorm Mountains.
Location: Confirmed on booking
Booking essential
Contact: enquires@speysidewildlife.co.uk
or 01479 812 498
£160 - book online at www.speysidewildlife.scot

Weird Wonderful Wood

Saturday 14 & Sunday 15 May, 10am – 4pm
(drop in anytime)
Come and find out the secrets of wood with fun science and hands on activities. Be amazed!
Location: Glenmore Visitor Centre
Contact: lucy.ford@forestry.gsi.gov.uk

Growing Trees Trail

Saturday 14 & Sunday 15 May, 10am – 4pm
(drop in anytime)
How does the forest grow? Self-guided trail with many fun things to do along the way.
Location: Glenmore Visitor Centre
Contact: lucy.ford@forestry.gsi.gov.uk
or 01479 861 220



Mountain Bike Orienteering Challenge



Saturday 14 & Sunday 15 May, 10am – 4pm
(drop in anytime)

Test out your biking and navigation skills, can you improve your times, be better than your friends and family. Try out the course designed by pupils from Kingussie High School.

Location: Laggan Wolfrax

Requirements: bike hire available on site. Smart phone to download orienteering app.

Contact: lucy.ford@forestry.gsi.gov.uk or 01479 861 220
or business@lagganforest.com or 01528 544 366

iOrienteering



Saturday 14 & Sunday 15 May, 10am – 4pm
(drop in anytime)

Easy and medium forest courses with or without the same app as the mountain bike iOrienteering. Follow the String Course for adventurous toddlers to 8 year, with prizes.

String course for children.

Location: Laggan Wolfrax

Requirements: smart phone to download orienteering app.

Pick up maps in the Laggan Wolfrax Cafe.

Contact: lucy.ford@forestry.gsi.gov.uk
or 01479 861 220

or business@lagganforest.com or 01528 544 366

Land Rover 'behind the scenes' Safari



Saturday 14 & Sunday 15 May, 10am

Guided and driven by an experienced Rothiemurchus Ranger sit back, relax and discover the many different aspects that make Rothiemurchus so special. You will be given an in-depth look at the history, wildlife and land use on this extraordinary Highland Estate. Travel through varied terrain and visit the ancient Caledonian Pinewood Forest, Loch an Eilein, the Deer Farm and Highland Cattle.

Location: Rothiemurchus

Booking essential (2 – 6 spaces)

Requirements: suitable outdoor clothes. Min age 12 or 135cm

Contact: info@rothie.net or 01479 812 345

Reduced CNF rate £30pp

Visit the Cairngorm Reindeer



Saturday 14 & Sunday 15 May, 10am – 5pm

with guided hill visits 11am

Guided hill visits onto the mountainside every day at 11am to visit and handfeed the reindeer – please arrive 15-20 minutes before the visit departs. Paddocks and exhibition allows you to visit the reindeer and look round the exhibition – lots of information and various kids activities.

Location: Cairngorm Reindeer Centre

Contact: info@cairngormreindeer.co.uk or 01479 861 228

Guided tour prices with discount applied:

Adults – £11.50 (Normal price – £13.00),

Children – £5.50 (£7.00, Concession – £8.50 (£10.00))

Paddock prices with discount applied:

Adults – £2 (Normal price – £3.50),

Children – £1 (£2.50), concession - £1.50 (£3.00)

Hidden Beasties @

The Highland Wildlife Park



Saturday 14 & Sunday 15 May, 11am – 3pm

A day packed with beastie discovery and family fun.

Visit the Highland Wildlife Park during the Cairngorms Nature Festival and get a whole lot more with RSPB Scotland on site ready for adventure. Discover the native wildlife living alongside the Tigers and Polar Bears, the hidden treasures.

Location: Highland Wildlife Park - normal entry costs apply
Contact: Catherine.vischristie@rspb.org.uk or 01540 661

518 or jhughes@rzss.org.uk or 01540 651 81

Sculptor Exhibition



Saturday 14 & Sunday 15 May, 10am – 4pm

(drop in anytime)

Come along to see local sculptor Tom Banks display some of his latest creations in the Frank Bruce Sculpture Trail.

Location: Feshiebridge Sculpture Trail

Contact: lucyford@forestry.gsi.gov.uk or 01479 861 220

Wild Landscapes Photography Workshop



Saturday 14 & Sunday 15 May, 12 noon – sunset

An afternoon and evening experience, led by an award winning landscape photographer and professional Wilderness Guide. You will be able to explore off the beaten path, finding memorable images while also learning about the species, history and stories of the National Park.

Location: Rothiemurchus Visitor Centre car park

Booking essential

Contact: 07711 026 123

£25pp



Park Wide Activities



The great big Photo-Post challenge – a treasure hunt with a difference!

Saturday 14 & Sunday 15 May

Take a photo at each Photo Post during the Festival – there are 13 throughout the Park. We challenge you to get to every one and be the photo-post hotshot!



get involved 
Help us record our changing landscapes

Tomintoul

Aviemore

Ballater

Blair Atholl

For maps, instructions and uploading your pictures go to: cairngorms.co.uk/photo-posts/
GOOD LUCK!

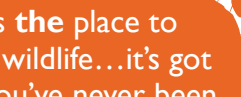
Each post is letter coded.
Can you spot the message?

Festival Photographic competition



Saturday 14 & Sunday 15 May

Share your Cairngorms Nature Festival photos with us on Facebook, Twitter and Instagram #CNF16


“The Cairngorms is the place to be if you love your wildlife...it's got everything...so if you've never been, come and have a look for yourself!”

Nick Baker
Naturalist & television presenter



For further information about the Cairngorms Nature Festival call: 01479 873535

#CNF16