

Activities & Information

| DANCING | DATE | TIME | CONTACT |
|--|---|--|--|
| Glitters Ballroom Dancing | Friday 5 & 19 | 8.30pm—11pm | David 07903 314276 |
| Ceroc | Tuesdays | 8pm—11pm | cc.cerocsurrey@yhoo.co.uk |
| SALSA CLASSES For Beginners and intermediates | WEDNESDAY No partner required | 8.30pm—9.30pm | 07584 188481 www.lovetosalsa.co.uk No booking required |
| Tea Dances | Thursdays | 1.30pm— 4pm | Mr Wonderful 01322 290751 |
| EXERCISE CLASSES | DATE | TIME | CONTACT |
| Pilates—Improvers 2 classes each evening | Mondays and Wednesdays | 6.35—7.30pm & 7.35—8.30pm | Imogen 020 8393 6839 |
| NEW Pilates Beginners | Tuesdays | 9.30—10.25am | Imogen 07941 085849 E: imogen@surreypilates.co.uk |
| Tai Chi | Fridays | 1.15pm—2.30pm | David Caine 07984724359 |
| Yoga | Tuesdays | 7pm—8.30pm | Claire 07989 533431 |
| Pilates Every Friday Morning | Fridays | 9.15am—10.15am | Sharon Newman 020 8393 3970/07805932801 |
| Ready Steady Go Kids Childrens Activities & Exercise Classes | Thursdays | Mornings | Kathy Bees 08006906591 info@rsgk.co.uk |
| Exercise Class (Parkinsons UK) | Tuesdays | 11.30—12.30pm | Enquiries to John Benn 020 8395 2068 |
| Get Active 50+ Strength & Balance Classes | | Enquiries | Nikki 07708 748898 nikki@skinnyjeansfitness.co.uk |
| BodyFit Clinic | Physio Massage Therapy | Sports Injury | 020 8393 9571 Ivor |
| Pop into Bourne Hall Coffee Shop for a cuppa and a catch up | Open Tues-Sat 10am—4pm |  | Sandwiches, cakes, snacks, Ice cream, drinks, Kiddies lunch boxes and much more |
| Museum Kids Club Leaflets at reception | 2nd Saturday of each month | 1.0 | dbrooks@epsom-ewell. gov.uk 020 8394 1734 |
| SURREY WEDDING SHOW Catwalk shows 12.00 pm & 1.30pm | SUNDAY 30th | 11am—3pm | Free admission 07495 214618 www.eventsbyinspire.co.uk |

| MEETINGS | DATE | TIME | CONTACT |
|---|---|--|---|
| National Trust | Monthly | 8pm - 10pm | alanharding71@gmail.com |
| U3A | Monday 1 | | www.u3asites.org.uk/epsom-ewell |
| Weightwatchers | Mondays | 5.45pm - 8pm | 08457 123000 |
| Embroidery Club <i>New members welcome</i> | Tuesdays | 10am—12pm | Pauline 0208 8391 1116 dandp@blueyonder.co.uk |
| Acacia Bridge Club | Wednesdays | 7.30pm-10.30pm | David Sims 020 8240 9136 |
| E & E Art Group | Wednesdays | 7.30pm—9.30pm | Mr R Seymour 01372 727482 |
| Bourne Hall Art Workshop | Wednesdays | 2pm—4pm | Elaine 0208 393 9452 Ann Burt 07840203045 |
| WEA—Adult Learning | Weekdays | 10am—12pm | Mr R G McVey 01372 463836 |
| SCC Staff Retirement | Monthly | 2pm—4pm | Chris & Kay Foale 0208 330 3855 |
| British Gas (Retired) | Monthly | 1.30pm—4pm | Mr R Evans 01344 779173 |
| Ewell Hort. Assoc. | Monthly | 7.30pm—10pm | secretary@ewellhortassn.co.uk |
| Epsom Speakers | Monthly | 8pm—10pm | lan.upton@metron-athene.com |
| First Class Learning Maths & English | Wednesdays | 3.30pm—5.30pm | Enquiries 07429246373 ewell@firstclasslearning.co.uk |
| Stagecoach Theatre Arts | Singing, Drama & Dance Classes | Thursdays afternoons | Enquiries 01372 730363 |
| Epsom & Ewell Spiritual Healing Group | Every Tuesday | 1.45pm—4pm | All welcome 07539 820596 donations gratefully accepted |
| Blood Donations | Friday 12 | 1pm—4pm 4.50pm—8pm | 0300 123 2323 call To make an appointment |
| Library Events Rhymetime—Thursdays 10.30-11.00am | Storytime— under 5's Wednesdays 2-pm—2.30pm | Digital Buddy Fridays 10.30am—12pm | Booking may be required enquiries to Library Helpdesk |
| Surrey Downs Diabetes UK Public Meeting | Wednesday 3 | 7.30pm—9pm | Contact Nicole 07957 611759 |

Foyer Exhibitions & Events 2018

Epsom & Ewell Partnership of Schools 25 September—6 October

Conquest Art Group 9—20 October

Epsom & Ewell Art Group 23 October—3 November

Bourne Hall Enquiries - Tel: **020 8393 9571/3** (for weddings, parties, functions, meetings, etc)
 Bourne Hall Museum - Tel: **020 8394 1734**
 Email: **bournehallmailbox@epsom-ewell.gov.uk**
 Website: **www.bournehall.org**

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