

Dental hygiene

ELMSLEIGH HOUSE

— DENTAL CLINIC —



Dental hygiene at Elmsleigh House

Keeping your teeth clean and gums disease-free is vital for your long-term health. At Elmsleigh House our dental hygiene team – Ellen, Adrienne and Gill – offer preventive and restorative hygiene care to all ages.

Regular professional teeth cleaning prevents the build up of plaque and tartar both above and below the gum line, which if left untreated can lead to gum (periodontal) disease. Initial symptoms of gum disease include bleeding gums or bad breath. With treatment it can be controlled, but if left untreated it can eventually lead to tooth loss.

Working in partnership with your dentist or periodontist, our hygienists play an essential role in the successful prevention and treatment of gum disease. They will closely monitor the health of your mouth, thoroughly deep clean your teeth and offer advice on how to maintain good dental hygiene at home.

Your hygienist will recommend a schedule of hygiene treatment tailored to your individual needs, liaising with your dentist or periodontist if needed.

Your dental hygiene appointment

You can call to book your hygiene appointment from 8.00am to 6.00pm, Monday to Friday on 01252 713797 or email info@elmsleighhouse.co.uk.

During your hygiene appointment, your hygienist will:

- Check your medical history and ask you about any problems or concerns
- Discuss your oral health, which could include the treatment and prevention of gum (periodontal) disease, receding gums, erosion, tooth wear or decay
- Check the appearance of your teeth and gums to look for any plaque or bleeding and early signs of mouth cancer
- Use advanced Airflow® technology to comfortably remove any plaque bacteria, hard deposits (calculus) and stain – this ensures a superior clean
- Scale any residual calculus and polish your teeth
- Offer specific advice on teeth cleaning techniques and hygiene care if you have a bridge, denture, brace or dental implant, ensuring your teeth and gums remain healthy throughout your dental treatment
- Apply fissure sealants if extra protection is needed on the surfaces of healthy teeth

Airflow® technology offers a gentle and superior clean

Our dental hygienists are trained in Airflow® technology – a modern, minimally invasive technique for a thorough clean that delivers the highest level of comfort, safety and efficiency.

Plaque contains billions of bacteria present as a biofilm on your teeth. If not removed, this can harden into calculus (tartar) and lead to periodontal (gum) disease, which can result in tooth loss.

Airflow technology directs a fine spray of water combined with the finest of antibacterial powders to gently and effectively remove staining, biofilm and young calculus from natural teeth, crowns, fillings, braces, dentures and dental implants (implant crowns, bridges or stabilised dentures). After your Airflow treatment, your teeth will feel smooth, your tongue clean and your whole mouth fresh.

Combined with our hygienists' expertise, Airflow technology offers an enhanced solution to professional teeth cleaning, ensuring your teeth remain healthy and natural. We believe you will appreciate the difference.



We look forward to
seeing you

ELMSLEIGH HOUSE

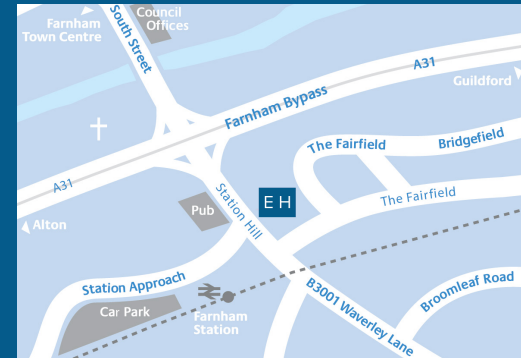
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Adrienne, Ellen and Gill are our dental hygiene team who work in partnership with dentists and our specialist in periodontics, Manoj Tank. To book a hygiene appointment, call **01252 713797** or email info@elmsleighhouse.co.uk.



Farnham is easily accessed from the M25, M4, M3, A3 & A31, and Elmsleigh House Dental Clinic is located opposite Farnham train station.