

Our clinicians

ELMSLEIGH HOUSE

— DENTAL CLINIC —



Tim Thackrah

Complex implant, restorative & cosmetic dentistry

Tim Thackrah qualified with honours in 1982 and has worked in hospitals, NHS care, teaching and private practice since 1986. With more than 30 years' experience in implant dentistry, Tim has undertaken advanced courses and placed thousands of implants, written books on dental implants and the dental scorecard, and runs seminars to teach other dentists. Tim sees patients for complex implant, restorative and cosmetic treatment, and accepts referrals from other dentists, who trust Elmsleigh House with their patients' care.

BDS, LDS RCS, GDC No: 57364



Hans-Dieter John

Implant & periodontal surgery

Hans-Dieter John graduated in 1984 and completed a postgraduate degree in periodontics and implant dentistry in 1993. He is a Diplomate of the American Board of Periodontology, holds assistant professorships at the Universities of Würzburg and Münster, and has a private practice in Germany, working in periodontics and implants. Hans-Dieter is our periodontal and implant surgeon, and accepts referrals from other dentists, who trust Elmsleigh House with their patients' care.

Zahnarzt, Albert Ludwigs University of Freiburg, MSD, GDC No: 80155



Sarah Francis

General, family & cosmetic dentistry, Invisalign

Sarah Francis has worked in hospitals and in general practice before coming to Elmsleigh House. She gained a certificate in restorative dental practice from the Eastman Dental Institute, and is a member of the Joint Dental Faculties of the Royal College of Surgeons of England. Sarah offers general dental care to all ages at Elmsleigh House, and has special interests in cosmetic dental treatments and in Invisalign clear, removable aligners to straighten adults' teeth.

BChD, MJDF RCS, GDC No: 177326



Hugh Cowley

Implant & cosmetic dentistry, oral surgery, sedation

Hugh Cowley qualified in 2002 and has gained extensive experience within hospitals, the NHS and in private practice. He is experienced in all types of sedation, and has special interests in oral and maxillofacial surgery and cosmetic techniques. Hugh has a diploma in implant dentistry from the Royal College of Surgeons, and is involved in all aspects of implant treatment at Elmsleigh House. Hugh also accepts referrals from other dentists, who trust Elmsleigh House with their patients' care.

BDS, MFDS RCS, MFGDP, DipImpDent RCS, GDC No: 80543



Cathleen Perrin

General & cosmetic dentistry, faster orthodontics

Cathleen Perrin graduated in 1989 in the USA and practised dentistry in Atlanta for two years before moving to England in 1991. Cathleen is a general and family dentist offering dental care to all ages at Elmsleigh House, and is valued for her consistent care. Cathleen also sees patients for minimally invasive cosmetic dentistry and has a special interest in anterior alignment orthodontics – faster and discreet teeth straightening for adults.

BA (USA), DMD (USA), UK Statutory exam, GDC No: 70012



Kit Spears

Implant, general & cosmetic dentistry, oral surgery

Kit Spears has worked in NHS and private practice, gaining postgraduate hospital experience in oral surgery. He has attained a Master's degree, the highest award in implant dentistry, and has a part-time supervisory role on the implant Master's degree course at the University of Bristol. Kit is involved in all aspects of implant dentistry as well as offering general and family dental care and cosmetic dental treatments. Kit also accepts referrals from other dentists, who trust Elmsleigh House with their patients' care.

BDS, MSc Dental Implantology, GDC No: 209544

Our clinicians (continued)



Kostas Spathoulas
Specialist in
orthodontics

Kostas Spathoulas graduated in dentistry in 2000, completed his diploma in orthodontics (teeth straightening) in 2003 and became a Specialist in orthodontics in 2004. Kostas is our Specialist in orthodontics at Elmsleigh House, offering a range of bespoke braces and appliances to move children's and adults' teeth into the correct position, such as Damon, Insignia and Incognito fixed appliances and Invisalign removable aligners. Kostas also accepts referrals from other dentists. DDS, DipOrth, GDC No: 85031



Manoj Tank
Specialist in
periodontics

Manoj Tank qualified as a dental surgeon and completed further intensive training to become a Specialist in periodontics (gum disease), focussing on all aspects of periodontal and peri-implant treatments. He has expertise in high-quality non-surgical treatment, minimally invasive regenerative therapies and recession corrective plastic surgery, and works with patients to achieve excellent results. Manoj also accepts referrals from other dentists. BDS, MJDF RCS, MCLinDent (Perio), MPerio RCS, GDC No: 150480



Somayah Modarres-Simmons
Specialist in
endodontics

Somayah Modarres-Simmons graduated in 2004 and worked in general practice before training in endodontic (root canal) treatment. After four years of specialist training, she was awarded a master of clinical dentistry degree with merit in endodontics and membership in endodontics from the Royal College of Surgeons of Edinburgh. Somayah is our Specialist in endodontics at Elmsleigh House. Somayah also accepts referrals from other dentists.

BDS, Dip Endo, MCLinDent (Endo), MEndo RCS, GDC No: 83687



Frank Johnson
Clinical dental
technician

Frank Johnson qualified as a dental technician in 1980 and as an advanced orthodontic technician in 1986. In 1987 he set up his own dental laboratory, and has worked with Elmsleigh House since then. Frank qualified as a clinical dental technician in 2015, and has expertise in prosthetics and implant-stabilised dentures. Frank will take time and care to ensure your replacement teeth look natural and fit precisely.

DipClin Dent Tech RCS, GDC No: 118145

Our hygienists



Ellen Knaap
Dental therapist

Ellen Knaap qualified as a dental nurse before going to the Royal London Hospital School of Dentistry, where she obtained a diploma in dental hygiene and a diploma with distinction in dental therapy. Ellen is part of the dental hygiene team.

CBD DipDental Hygiene, LHMC
Dip Dental Therapy, GDC No: 4838



Adrienne Willoughby
Dental hygienist

Adrienne Willoughby worked as a dental nurse before training to become a hygienist with the Royal Army Dental Corps. After working in an American hospital in Hong Kong, she joined Elmsleigh House as the first hygienist in our team.

CEB Cert Dental Hygiene,
GDC No: 2421



Gillian Singh
Dental hygienist

Gillian Singh qualified as a dental nurse at the Royal Victoria Hospital, Belfast, and then as a hygienist at the Belfast School of Dental Hygiene. After working in London, she joined the dental hygiene team at Elmsleigh House.

CEB Dip Dental Hygiene,
GDC No: 5162