

# Possability People at home



A fresh  
approach to  
home care

## Allow us to introduce ourselves

Hello. We are Possability People, a Sussex charity that supports disabled people and people who live with long term health conditions or impairments.

We do that through a range of services and programmes that enable thousands of people to live independently, with dignity and without prejudice.

This year is our 40 Anniversary - that's a wealth of experience and knowledge that our brilliant teams put to good use every day.

We care passionately about people and we understand that gaining your trust is going to be really important.

Please take a few minutes to read what we have to say for ourselves.

We'd love to have the chance to talk to you in person, so if you would like to quiz us a bit more, do get in touch so we can fix a time for a chat.

## We're approved

It's easy for us to say how good we are but we understand the importance of being regularly checked and approved.

We are Care Quality Commission registered to provide personal care (we have a 'good' rating) and we are an East Sussex County Council Support with Confidence approved provider.

We also have a range of quality standards throughout the organisation.

## We're experienced

Our job is to enable you, or your family or friends, to live safely and independently at home.

We are proud of our highly skilled, experienced and very capable care team.

With over 20 years of service providing experience, we know about budgeting, the local scene, and the importance of the right support for you to meet your day to day support needs.

## We care

Having care for the first time, or changing care service is an incredibly personal, maybe daunting task for most people.

No two clients are the same, which is one of the things our brilliant care team (we call them personal assistants, or PAs) love about their job.

The team have a great deal of experience in supporting people who have a whole range of different needs, including support for people who have complex packages of care organised.

We can provide medical support and personal care, as well as other tailor made arrangements to best suit you.

We put together bespoke arrangements, with no calls less than an hour, and we will ensure you have consistency, with the same PA coming to you on the same day and time each week.



## We're trusted

We've supported Marcus since October 2019, enabling him to remain in work. He remembers the date because that's the day his life changed.

"The company that used to provide care went into administration and I didn't have any carers whatsoever," he said.

"Until Possability People, who are like my knights in shining armour".

## We go the extra mile

We helped Marcus in other ways, fixing things around the home to make life easier.

We organised things like hoists and kitchen equipment with lowered surfaces so that Marcus can cook and use the kitchen. Marcus' PAs are happy to be flexible and work to suit his needs.

Sometimes he will request calls to be earlier or later, but this allows him to live his life the way he chooses.

## We can support you

We support clients with age related impairments, complex mental health, learning disabilities and physical and sensory impairments.

### Domestic duties

- Washing and cleaning
- Meal planning & prep
- Shopping

### Personal care

- Washing
- Application of ointments
- Pad changes
- All grooming tasks

### Medical care

- Dressing & skin care
- Stoma bag care
- Catheter care
- All moving and handling

### Medication management

- Blister packs
- Administration of medication
- Medication prompting
- Collection of medication

### Community Support

- Attending appointments
- Social clubs
- Pet care
- Exercising

(Not an exhaustive list)

Charity number 1114435  
Company number 05706441

## We're here

Our team are available to chat at your convenience, or if you prefer, you can drop us an email. Either way, we'd love to have the chance to answer any questions you have and find out more about the support you are looking for.

### Contact us:

Phone: 01273 89 40 70.

Email: support@

possabilitypeople.org.uk

www.possabilitypeople.org.uk

If you need this publication in an alternative format and/or language, please contact us to discuss your needs.

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**Confidence**

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