

# AMMA'S BIRTHDAY CELEBRATION WITH Swami Shubamritananda Puri

Cultural Programme • Spiritual Talks • Silent Retreat • Meditation

Saturday, 5th October &  
Sunday, 6th October 2024

At MA Centre, Bromley  
BR2 9YG

[Register Here](#)



## SATURDAY OCTOBER 5TH FREE PUBLIC PROGRAMME

Archana (chanting), Pada Puja (honouring the Guru), and Satsang (Talk) by Sw. Shubamritananda Puri.

Cultural Programme inc.  
Hindustani Classical Recital  
Cinematic Dream Guitar  
Dance Movement  
Children's music/Drama recital

Q&A with Sw. Shubamritananda Puri  
Meditation, Bhajans (singing)

Free Programme | All Welcome

## SUNDAY OCTOBER 6TH SILENT RETREAT

We invite you to immerse yourself in a day of silence and guided meditation, led by Swami Shubamritananda Puri.

This silent retreat is an opportunity to transform the usually turbulent mind into a powerful ally.

Meditation (sitting & walking)  
Spiritual Talk  
Passages of Silence  
Q&A

£45, incl. meals.

Swami Shubamritananda Puri has lived with Sri Mata Amritanandamayi (Amma) as a monastic disciple since 1989. Drawing on more than 30 years' experience as one of Amma's closest disciples and personal translators, he shares Eastern spiritual traditions in practical and easily understandable terms.