



## **Thebestof Sudbury's Guide to Making a Special Mother's Day**

If you're lucky enough to have a mother or you *are* a mother, Sunday 30th March is all about you... and them... or both.

If you're looking for inspiration for your own mum or just want to drop some *seriously unsubtle* hints to your children, we've got you covered.

### **[A Classic Sunday Roast at The Fox at Bulmer Tye](#)**

If your mum loves a proper Sunday roast, The Fox at Bulmer Tye is the place to go. Known for their epic Yorkshire puddings, excellent wine menu, and impressive range of gins, The Fox provides the perfect spot for a family gathering. Let their chefs take care of the cooking, so you don't have to wrestle with the oven or pretend you know how to make gravy.

### **[Celebrate with Rave Reviews at The Crown at Hartest](#)**

The Crown at Hartest, just outside Long Melford, boasts over 800 glowing reviews on TripAdvisor and Google, so you *know* they're doing something right. With a warm, inviting atmosphere and top-notch food, it's an ideal place to treat your mum. And let's be honest, taking her somewhere highly rated means *you* get to enjoy a great meal too. Win-win.

### **[Give Mum a Break from the Ironing](#)**

Now, this is a game-changer. If your mum is *still* the one doing the ironing in your house, ask yourself why. Then book her a well-earned break from one of the worst household tasks ever. Sudbury's Laundry Goddess, Beverly and her team, will take care of it. No, it's not the most glamorous Mother's Day gift, but trust me, she'll thank you.

### **[A Relaxing Spa Day](#)**

For something a little more luxurious, why not book a spa day at The Gainsborough Spa, just outside Cavendish? A little bit of peace, quiet, and pampering – what more could she ask for? A whole day away from the hustle and bustle of everyday life? Well, a spa day is a good start.

### [An Evening at The Quay Theatre](#)

If your mum enjoys a bit of culture, take her to The Quay Theatre. Whether she fancies a live performance or a great film, an evening at Sudbury's local theatre is a great way to round off the day. Plus, it means you don't have to attempt to bake a cake (unless you *really* want to).

### [Give Her a Stone Carving Experience Day with Luxstone](#)

Now, I know what you're thinking: stone carving for Mother's Day?! But hear me out. Neil from Luxstone Stone Carvers runs brilliant Stone Carving Experience Days where you can try your hand at carving stone. I did it last summer, and it was fantastic. A bit different? Yes. But memorable? Absolutely.

### [Health Foods For You – New Treatments](#)

Exciting things are happening at Health Foods For You! They've expanded their treatment rooms and now offer a whole range of new treatments. Pop in and grab a voucher – a perfect way to let mum pick what she wants.

### [Brown & White Beauty – New to Sudbury](#)

Brand new to Sudbury, B&W Beauty on North Street Parade offers hair treatments, aesthetics, manicures, and more. And with 50% off everything for the rest of the month, you might want to treat yourself too. (You *did* remember Mother's Day, right?)

### **Breakfast in Bed**

Nothing beats a homemade Mother's Day breakfast in bed – and Sudbury has everything you need to make it special. Head to the market on Thursday or Friday for fresh eggs, fruit, and veg, and grab some top-quality bacon from Jamie's Meat Inn or Coleman's. Just remember to clean up the kitchen after – because no mum wants *that* surprise on Mother's Day.

### **Whatever You Do, Make It Special**

Sudbury has plenty of ways to celebrate Mother's Day – from delicious meals to relaxing treats. Whether it's a grand gesture or a simple one, the most important thing is making sure the mother figures in your life feel loved and appreciated.

(And if you're a mum reading this... go ahead and forward it to your family. No shame in dropping hints.)