



Hypnotherapy can Help? Find Out For Free!

Offer Expiry Date
18/11/2021

Can only be used at
The Teen Anxiety Coach
15 Tower Mill Mews, Polegate, East Sussex
BN26 5FF.



Description/Terms and Conditions

Hypnotherapy has numerous proven techniques to improve your quality of life and if you are struggling with one of the following:

- > Depression
- > Anxiety
- > Anger Management
- > OCD
- > Phobias
- > PTSD
- > Pain management
- > Sport performance
- > Public speaking

This is just the start of the list, so please contact me if you need help with anything not on the list.

Solution Focused Hypnotherapy can help you take back control of your life.

Book your no-obligation session today by calling 07539 815909 or [email](#) your contact info and Jason will contact you with his availability.

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